



Introduction to Thoroughbred Care and Exercise - Course Content

***Please note any of the below activities can be subject to change.*

Students to be based in the training barn at RACE around scheduled sessions to gain practical experience

Week Number:	Session Name
Week 1 & 2 (compulsory)	Health and Safety (Practical)
Week 1 & 2 (compulsory)	Basic First Aid (Practical)
Week 1 & 2 (compulsory)	Manual Handling Certificate (Practical)
Week 1 & 2 (compulsory)	Horse Handling (Practical)
Week 1 & 2 (compulsory)	Mucking out and Stable Duties (Practical)
Week 1 & 2 (compulsory)	Fitness Training (Practical)
Week 1 & 2 (compulsory)	Visit to a Race Meeting (Trip)
Week 1 & 2 (compulsory)	Introduction to the Horseracing Industry (Lecture)
Week 1 & 2 (compulsory)	Visit to the National Stud (Trip)
Week 1 & 2 (compulsory)	Equine Transport Certificate (Lecture & Practical)
Week 1 & 2 (compulsory) Riding Group Only	Riding (Practical)

<End of compulsory two weeks>



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Week Number:	Session Name
Week 3	Fitness Training (Practical)
Week 3	Introduction to the Horseracing Industry (Lecture)
Week 3	Tacking up for Exercise (Practical)
Week 3	Anatomy of the Horse (Lecture)
Week 3	Bandaging (Practical)
Week 3 Riding group only	Riding (Practical)

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Week 4	Fitness Training (Practical)
Week 4	Introduction to the Horseracing Industry (Lecture)
Week 4	Trip to an Equine Hospital (Trip)
Week 4	Horse Health (Lecture)
Week 4	Equine First Aid (Practical)



Week 4 Riding group only	Riding (Practical)
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Week 5	Fitness Training (Practical)
Week 5	Introduction to the Horseracing Industry (Lecture)
Week 5	CV and Interview Prep (Lecture)
Week 5	Basic IT skills (Lecture)
Week 5	Lunging and Ground-Based Exercise for Racehorses (Practical)
Week 5 Riding group only	Riding (Practical)

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Week 6	Fitness Training (Practical)
Week 6	Behind the Scenes Visit to a Race Meeting (Trip)
Week 6	Farriery Guest Lecture and Demo (Lecture)
Week 6	Grooming for Presentation (Practical)



Week 6	Raceday Attendant Procedures (Practical)
Week 6 Riding group only	Riding (Practical)